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*Many Thanks to our Corporate Sponsors*



**BRINDIS GALA 2010—**  
**MANA de San Diego's 17th Annual Signature Event!**

Join us for our annual fundraising festivity of the year! Celebrating 24 years of Brindis MANA de San Diego brings the social event of the season to the San Diego Museum of Art.

Come and enjoy delicious cuisine, live entertainment, silent auctions and other exciting activities. MANA will be awarding \$25,000 in scholarships to Latinas pursuing a higher education to make a difference around the world.

The world-known, popular, "Los Lobos" will be the entertainment for the night. Be one of the lucky ones to meet them in person by purchasing a VIP ticket today! It's all for a good cause. Los Lobos are being privately funded for MANA's main event of the year.

To purchase your ticket or if you are interested in donating or volunteer for this fundraising event please visit [www.manasd.org](http://www.manasd.org).

\*All funds raised benefit [MANA's](#) programs such as the [Sylvia Chavez Memorial Scholarship](#), [Hermanitas](#)® and Dia de La Mujer Health Fair.

**SAVE THE DATE!**  
**DIA DE LA MUJER LATINA 2010 —**  
**Creating Healthy Families**

Don't miss it! The San Diego Dia De La Mujer Latina Health Festival is set for Saturday, May 1 from 9am-5pm. We're expecting more than 500 people at the Martin Luther King Center at Kimball Park in National City. Participants can receive free screenings, health information and resources to enhance their families' well-being. Volunteers are needed to help with this event. Please contact the MANA office if you can help.




**HUDSON PRINTING donates printing to MANA de San Diego!**

Our appreciation goes to Hudson Printing for their generous, in-kind donation to MANA. If you have any printing needs, Hudson will donate 2% of the cost of your next print order to MANA.



Please contact Marco Sanchez for more information at [marco@hudsonsd.com](mailto:marco@hudsonsd.com)



**MANA**  
DE SAN DIEGO

*Networking Mixer*

*Wednesday, April 14th 6PM - 8PM*

Featuring Beer Tasting by:

**SOY LULA**  
955 S. 16th St.  
San Diego CA 92113  
saylula@cox.net

**KARL STRAUSS**  
BREWING COMPANY

**Gordon Biersch**  
BREWERY RESTAURANT

RSVP:  
manasd@manasd.org

FREE for Members. \$15 for non-Members  
\*Bring a friend to sign up as a MANA member and you will both be entered in a special raffle for a two night stay at a 2 bedroom condo with Ocean View in Baja Calif.

Our Sponsors:  
**WEALTH & WISDOM FINANCIAL**  
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A TRUST & FINANCIAL SERVICES FIRM

## EASTLAKE TAVERN & BOWL MIXER

By Cristina Morales

Bowling for fun and raising money for MANA de San



Diego is what members, volunteers and new friends did at MANA's first 2010 mixer in Chula Vista. It was such a great success!

Choosing the Eastlake Tavern & Bowl in Chula Vista for the first mixer of the year was fun. The 'Bring a Friend' membership drive was coordinated to support and give thanks to our current members for their commitment and loyalty to MANA de San Diego, and to inspire new members to be

part of our outstanding group of women. Our 'Bring a Friend' Mixer was sponsored by the State Hispanic Chamber of Commerce Latina Development Council, and Southwest



Airlines. Congratulations to Yolanda Loya for winning the Southwest airline 'Bring a Friend' membership drive raffle prize.

Join us for the next MANA mixer! To learn about new, upcoming MANA events or to read more on this article visit our website at [www.manasd.org](http://www.manasd.org)



### IN THE WORKS:

Latina Success Mujeres  
Con Éxito Conference  
2010

The Latina Success - Mujeres Con Exito 2010 Conference will take place in October. Details with location and date are still being finalized, but the planning is already underway!

This year's Latina Success promises to be bigger and better! We are excited to announce that for the first time MANA is offering some of the conference's workshops in Spanish where more can attend and benefit from our educational programs.

Visit our website at [www.manasd.org](http://www.manasd.org) or at MANA Facebook site to learn more on this year's conference! If you would like to volunteer, please contact the MANA office.



**MANA is on Facebook! Follow MANA de San Diego by visiting [www.facebook.com/home.php#/profile.php?id==1516553688](http://www.facebook.com/home.php#/profile.php?id==1516553688)**

## AVANZANDO: HERMANITAS MARCH FORWARD

By Marissa Dragoo, Director of Hermanitas

On January 30, 2010 the Hermanitas, their mentors, and parents gathered together at UCSD for our Third Annual Avanzamos Conference. The event opened with a keynote address from Assembly member Mary Salas, former MANA de San Diego President, and co-founder of the MANA de San Diego Hermanitas program. Assembly member Salas' message on building stronger communities through involvement was well received by attendees. At the conclusion of Assembly member Salas' address, the Hermanitas and their mentors enjoyed a variety of workshops relating to college preparation and freshmen year tips and tricks, teen dating violence, goal setting, human and civil rights, a inside look at being a news reporter, careers in journalism, studying abroad opportunities, forming a non-profit, and so much more! The seminar speakers included: Marni Greenburg from the Sarah Project, MANA Board Members Elsa Sevilla, Lucy Hernandez, and Immediate Past MANA President, Rosa Robles, Lucy Alba, Nancy Chadwick, Clarissa Hernandez, Trish Wilkinson, Molly Rhodes, Barbara Medina, and Carmen Chavez.



While the Hermanitas enjoyed their varied workshops, the parents enjoyed presentations from Gabriel and Gabby Gomez of Liberty Tax, Esteban Marquez from the UCSD Office of Financial Aid, and Arcela Nunez-Alvarez from the Latino Research Center at San Marcos State University.



Hermanitas thanks Mary Salas, the University of California San Diego, UCSD's Community Law Project volunteers, and all of the incredible community leaders for coming out to share their wisdom and knowledge with our Hermanitas, their parents and mentors.



## Hermanita Mentor Recognition

Congratulations to Amanda Cheyney, MANA Hermanitas Mentor, on receiving the Hispanas Organized for Political Equality (HOPE) Future History Makers award at the 2010 Latina History Day in Los Angeles! Each year, HOPE seeks out the best Latinas in higher education, who are using their skills and talents to impact the Latino community, throughout Southern California.

Amanda has demonstrated excellence as a Business Leader and delivered her best efforts toward being a positive role model and creating change. Congratulations Amanda! MANA de San Diego is so proud of your efforts and accomplishments!

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## Welcome to MANA's new staff-member!

Meet Angela Mellow, MANA's New Administrative Assistant. Angela is excited and looking forward to applying her many years of administrative experience in accounting, payroll and human resources to support MANA de San Diego's educational programs for girls and women. Angela strongly supports educating women and young girls, developing their leadership qualities, being of service to the community, and having their voices heard. Angela has a beautiful daughter, Victoria, who turns nine in June. Angela loves volunteering and spending time with her family and friends and enjoys going for walks and hikes to the beach, parks and local mountains. She also loves dancing and traveling. Angela says, "I am excited about working for a wonderful organization and a great group of powerful women!"

## Meet MANA Board Member



Connie Ojeda Hernandez is a woman of substance, talent and years of experience in working with San Diego based organizations and events. Connie was born and raised in Logan Heights and has been a social activist, for the past 40 years. She has been a proponent for social justice, grassroots organizing, and community education. As an active member and leader in the Latino community and as president of her own public affairs company, CohCo Communications, she brings a wealth of knowledge and experience to MANA.

She is a founding member of the Ronald McDonald House Charities of San Diego County. Connie has always been very involved in her community and has held leadership positions with top agencies and committee's, such as: the

Mayor's Latino Advisory Committee, the Make-A-Wish Foundation, the Southwest Voter Registration and Education Project, the first female Board President of the Centro Cultural de la Raza, and LEAD San Diego. Other boards and associations include: Charter Board Member of the Ronald McDonald House Charities of San Diego, member of the Latino Advisory Committee to the *San Diego Union Tribune*, Treasurer of the Latino Policy Institute, and State Co-Chair of the California Affiliate Network for the National Council of La Raza, *NCLR*. We are so proud to have Connie serving MANA de San Diego!

## Welcome to our New & Returning MANA Members!!

Anderten, Alexis  
Casas, Joseph  
Cortez, Margarita  
Cuevas, Carmen  
Espinoza, Wilma  
Gomez, Sandy  
Hernandez, Alfonso  
Kangas, Karina

Kusumoto, Yolie  
Marinez, Cesar  
Mellow, Angela  
Moreno-Pardo, Maria de  
Lourdes  
Nolasco, Kerrie  
Pourhashemi, Leticia  
Rodriguez, Ruben

Sanchez, Elisa  
Sanchez, Marco  
Torres, Sandra  
Vargas Vianney  
Villalta, Marlene  
Zamara, Berenice

**MANA de San Diego provides opportunities for professional and personal growth. Become a member today or visit [www.manasd.org](http://www.manasd.org) for more information.**

## Calendar of Community Events

**May 3, 2010 12th Annual Bomberos de San Diego Golf Tournament.** For more information call (619) 941-1534 or visit [www.bomberosdesd.com](http://www.bomberosdesd.com)

**May 7, 2010 Chicano Federation's Annual Unity Luncheon Celebration.** Holiday Inn on the Bay, 1355 N. Harbor Drive. Keynote Speaker will be Ambassador Jeffrey Davidow, President of the Americas, UCSD. For reservations call (619) 285-5600.

**May 13, 2010 Athletes for Education Fundraisers: Celebrity Golf Classic,** 6:30pm-9pm, Omni Hotel, Downtown San Diego, La Costa Resort & Spa. For tickets contact Rosanne Geraty at [rosannegeraty@gmail.com](mailto:rosannegeraty@gmail.com) or (315) 868-1016.

**August 2-4, 2010—National Coalition Against Domestic Violence (NCADV) Conference;** For more information visit [www.ncadv.org](http://www.ncadv.org)

## 2010 BOARD OF DIRECTORS

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**Angela Mellow**  
Administrative Assistant

MANA de San Diego is a non-profit organization funded by membership dues, donations and the generous support of our sponsors. Please help us continue our important programs.

Make a donation today!

MANA de San Diego,  
2515 Camino del Rio South Suite 228  
San Diego CA 92108  
[www.manasd.org](http://www.manasd.org)